Kentucky Behavioral Health Planning and Advisory Council Meeting Summary

Franklin County Cooperative Extension Office, 101 Lakeview Court, Meeting Room E/F, Frankfort
May 16, 2019 10:00am to 2:00pm

Council Members: Robin Osborne, Jeanette Rheeder, Peggy Roark, Carmilla Ratliff, Maggie Krueger, Mike Barry, Matthew Smith, Gayla Lockhart, Angela Sparrow, Bill Heffron, Sharon Darnell, Valerie Mudd, Phil Gunning, David Gutierrez, Lynn Haney, Steve Shannon

Staff: Michele Blevins, Christie Penn, Allison Paul, Phyllis Millspaugh, Lori Ramage, Rhonda Riddle, Tom Beatty, Maggie Schroeder

Topic	Discussion	Next Steps
Call Meeting to Order	Gayla Lockhart, Chair, called the meeting to order at 10:05 AM and welcomed members, guests and staff. Gayla welcomed new members Sharon Darnell and Valerie Mudd. Gayla announced that Sharon and Michele Blevins received the awards last week at the KYSTARS conference. Gayla asked attendees to introduce themselves. Quorum was confirmed.	
Approval of March 14, 2019 Meeting Summary	Members reviewed the March 2019 minutes. Peggy Roark made a motion to approve the minutes as written. Robin Osborne Seconded. Minutes approved.	Approved meeting summaries are available at the Planning Council's webpage: http://dbhdid.ky.gov/dbh/kbhpac-summaries.aspx
Committee Reports	Executive Committee No report. Membership Committee Gayla Lockhart provided the committee report of the April 5, 2019 meeting. Commissioner Morris made the following appointments: Becky Clark and Valerie Mudd (Family Member of an Adult in Recovery), Maggie Krueger (Parent of a Child w/Behavioral Health Challenges), Sharon Darnell, Gayla Lockhart and Sherry Sexton (Individual in Recovery from Mental Health and/or Substance Use Disorders) and Robin Osborne (Council Vice Chair). Per the revised bylaws approved March 14, 2019, the new member terms will be 4 years. Officer terms will continue to be 2 years. Member orientation was held April 18, 2019. Mike Barry made a motion to approve the minutes. Matthew Smith seconded. Motion passed. Finance and Data Committee Peggy Roark, Chair, reported the committee met on April 17, 2019. Valerie Mudd made a motion to approve the minutes. Maggie Krueger seconded. Motion passed.	

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	Advocacy and Policy Committee No report. Bylaws Committee Steve Shannon provided a committee report. The Bylaws Committee held a conference call on March 14, 2019 to review the finalized draft. Matthew Smith made a motion to approve the minutes. Peggy Roark seconded. Motion passed.	
Implementation of Family First Prevention Services Act and De-Coupling	David Gutierrez, Council member with the Department for Community Based Services (DCBS), discussed the Family First Prevention Services Act. David Gutierrez provided the Council with a report of the agency's recent work, stating that Kentucky is seeing the biggest changes in child welfare at the state and federal level in 20 years. (Handout and PowerPoint provided). DCBS' focus is to increase assistance to families before removal of a child is necessary and to provide more coordinated services for children who do need out-of-home care. The way services are paid for will change. DCBS is looking at a single MCO for children served by DCBS by July 1, 2020.	DCBS' Annual report will be out soon and David Gutierrez will provide the link once available.
Department Updates	 Michele Blevins provided the following department updates: Rhonda Riddle, new staff, will help with travel vouchers. Tom Beatty is the new Adult Mental Health Services Branch Manager. Upcoming conferences/training events:	

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	The CMHCs have a new Facebook page to promote the work they do. Please visit, "like" and "share". https://www.facebook.com/CMHCOK/ Second Amended Settlement Agreement (The Cabinet for Health and Family Services' third settlement agreement with Kentucky Protection & Advocacy): The first Settle Agreement began in 2013 with a goal to transition people from PCH to community. In 2014, peer support, comprehensive community support and assertive community treatment became Medicaid billable services. The Second Agreement began in 2015. In 2016 the Community Integration Supplementation regulation (908 KAR 2:065) became effective. The Third Agreement has a goal to assist 1275 people develop a transition plan which may include: comprehensive community support, assertive community treatment, crisis services, support, inreach, housing assistance, person-centered recovery planning, and supported employment services. Council members shared the following comments: One member doesn't think the number of personal care home beds are going down. Another shared that there was a proposed bill this past year to create a waiver for the personal care home population. It was introduced but didn't go anywhere. In June, the General Assembly will discuss Tenancy Support Services (e.g., How can you assist someone to be a good tenant? Live in the Community?) There are already several Medicaid billable services to help with this (e.g., targeted case management, comprehensive community support). They are looking at 3-person homes to help individuals with higher needs. A member stated that Kentucky needs a waiver for individuals with severe mental illness equivalent to the Supports for Community Living waiver program. A member commented that individuals transitioning to the community have to accept the services. The state needs to build a voluntary and involuntary system for community-based services.	Individuals may apply for the supplementation at their local DCBS office. Visit this webpage to learn more about the Supports for Community Living waiver program. http://dbhdid.ky.gov/ddid/scl.aspx

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Member Updates	 Members shared updates and information about important upcoming events in round robin format. Angela Sparrow shared that Kentucky's substance use disorder waiver and impacted regulations will go live July 1, 2019. Gayla Lockhart shared that Pennyroyal Center and LifeSkills are merging. Carmilla Ratliff shared that Kentucky Partnership for Families and Children is hosting the 15th annual Youth Parent Conference event on July 12-14 for youth ages 13-24. Cost is \$25/family. KPFC will host Children's Mental Health Awareness Day on May 9th. They will also host the <i>Color Me Hopeful</i> run/walk in Frankfort. Phil Gunning shared that the NAMI's Annual Consumer Conference had 400 attendees. They trained 48 facilities on Double Trouble in Recovery. On May 23 at 6:30 pm, there will be a youth suicide prevention event entitled "Why are Our Youth Killing Themselves?" This community conversation is co-hosted by UK Department of Psychiatry. Mike Barry shared that on September 28, People Advocating Recovery will host the Rally for Recovery at the Metro Pavilion in the Muhammad Ali Center, Louisville. Mike also shared that Centerstone Kentucky and Young People in Recovery are partnering to open the Louisville Recovery Community Center. They are one of six applicants funded for a recovery community center. It will be located at 601 S. Third Street in Louisville. The staff will provide connections to services and supports for individuals in recovery and their family members. They hope to be open July 1, 2019. 	
Adjournment of Meeting	Lynn Haney made a motion to adjourn. Valerie Mudd seconded. Meeting adjourned at 1:30 p.m.	Next Meeting: Thursday, August 15 th 10:00 a.m. – 2:00 p.m. Kentucky Transportation Cabinet, 200 Mero Street, Frankfort